

Steve Sisolak  
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Department of Health and  
Human Services

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Nevada's Behavioral Health  
COVID-19 Response, Recovery  
and Resilience Plan

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# Response, Recovery and Resilience

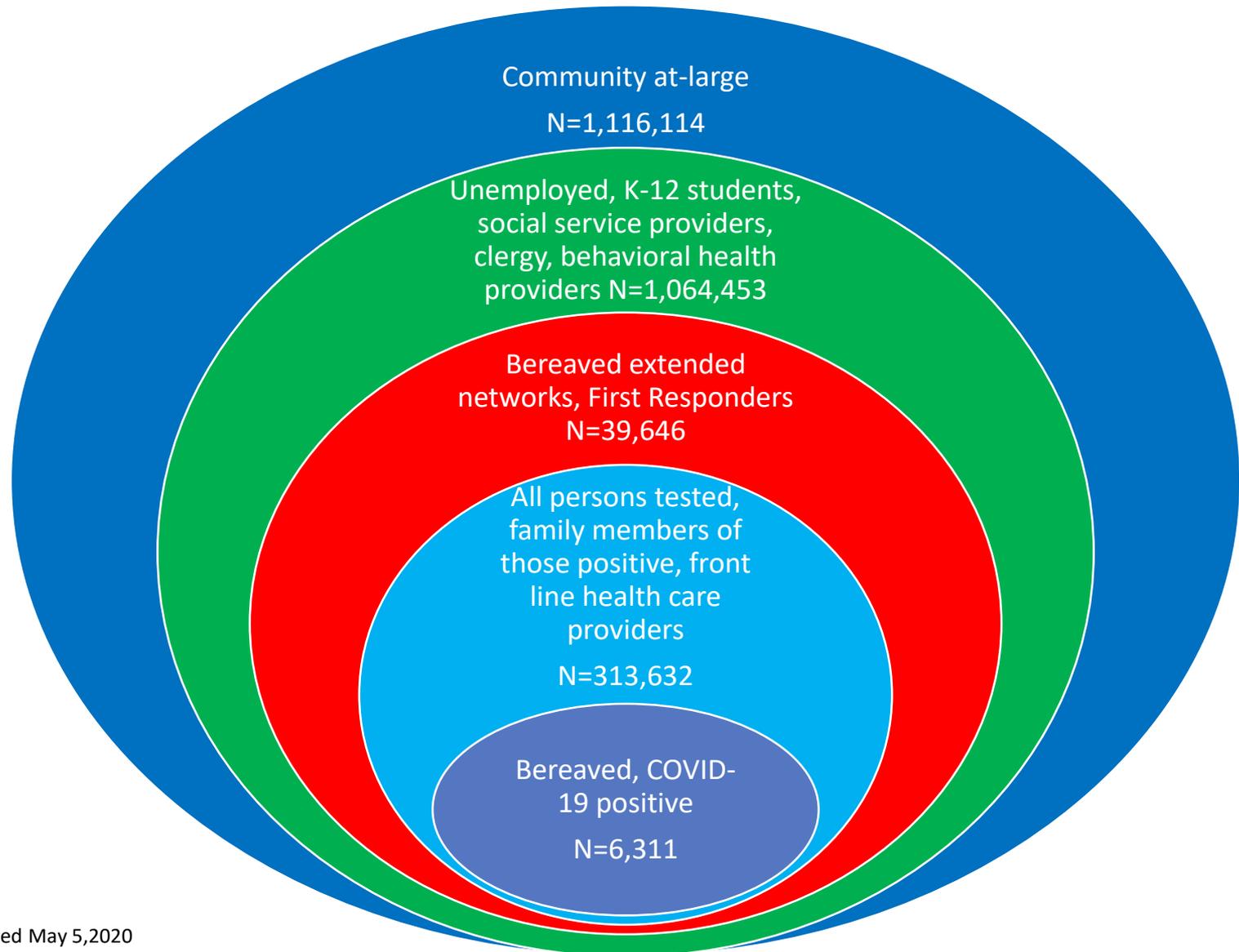
1. Strengthen—and promote access to—public health, health care, and social services: Strong day-to-day systems can be better leveraged to support health resilience during disasters and emergencies. In capable systems people know how to access care and are not limited by real or perceived barriers to services.
2. Promote health and wellness alongside disaster preparedness: Information and education that involve public health, behavioral health, emergency preparedness, and community health resilience interventions can help people face everyday challenges as well as major disruptions or disasters. Optimal levels of physical and psychological health and well-being within the population facilitate the community's rapid recovery.
3. Expand communication and collaboration: Build networks that include social services, behavioral health, community organizations, businesses, academia, at-risk individuals, and faith-based stakeholders in addition to traditional public health, health care, and emergency management partners.
4. Engage at-risk individuals and the programs that serve them: Engaging individuals with potential vulnerabilities to take an active part in protecting their health and aiding their community's resilience strengthens the community as a whole. Assist programs that serve at-risk individuals to develop robust disaster and continuity of operations plans.
5. Build social connectedness: People are more empowered to help one another after a major disturbance in communities in which members are regularly involved in each other's lives. Building social connectedness can be an important emergency preparedness action.

# Behavioral Health COVID-19 Response and Recovery Activities

The following are activities taken by Nevada Department of Health and Human Services, Division of Public and Behavioral Health:

- Collaboration with Divisions of Emergency Management
- Support providers in stabilizing services
- Promote telehealth
- Develop workforce
- Implement behavioral health prevention and early intervention
- Ensure access to services throughout the continuum
- Plan for Nevada COVID-19 Behavioral Health Recovery
- Evaluate data to determine unmet or anticipated need
- Leverage existing funding; provide flexibilities
- Apply for additional federal funding
- Liaison with providers and federal partners

# Population Exposure Model\*



\*Data retrieved May 5,2020

# Vulnerable Populations

- Individuals and families who are bereaved may have complicated bereavement due to circumstances surrounding COVID-19 Individuals awaiting testing results, required on isolation, quarantine, or hospitalized due to illness
- Children, youth, adolescents, and their parents/caregivers are experiencing significant stressors following the closure of schools.
- Individuals and families with economic concerns, job loss, and unemployment, economic uncertainty, homelessness, food insecurity and loss of health care insurance
- Health care providers, law enforcement, emergency medical technicians, and firefighters
- Ethnic minorities, especially people who are non-English speaking, or individuals who have facilitated communication needs
- Tribal population
- Aging population
- Victims of domestic violence
- Individuals with pre-existing behavioral health issues or at-risk

# Crisis Counseling Assistance and Training

FEMA funding authorized under the Emergency Declaration

Immediate Services Program: FEMA: 60 days, beginning 4/30/2020

Regular Services Program: SAMHSA: 6 months

## CCP ISP Grant Activities

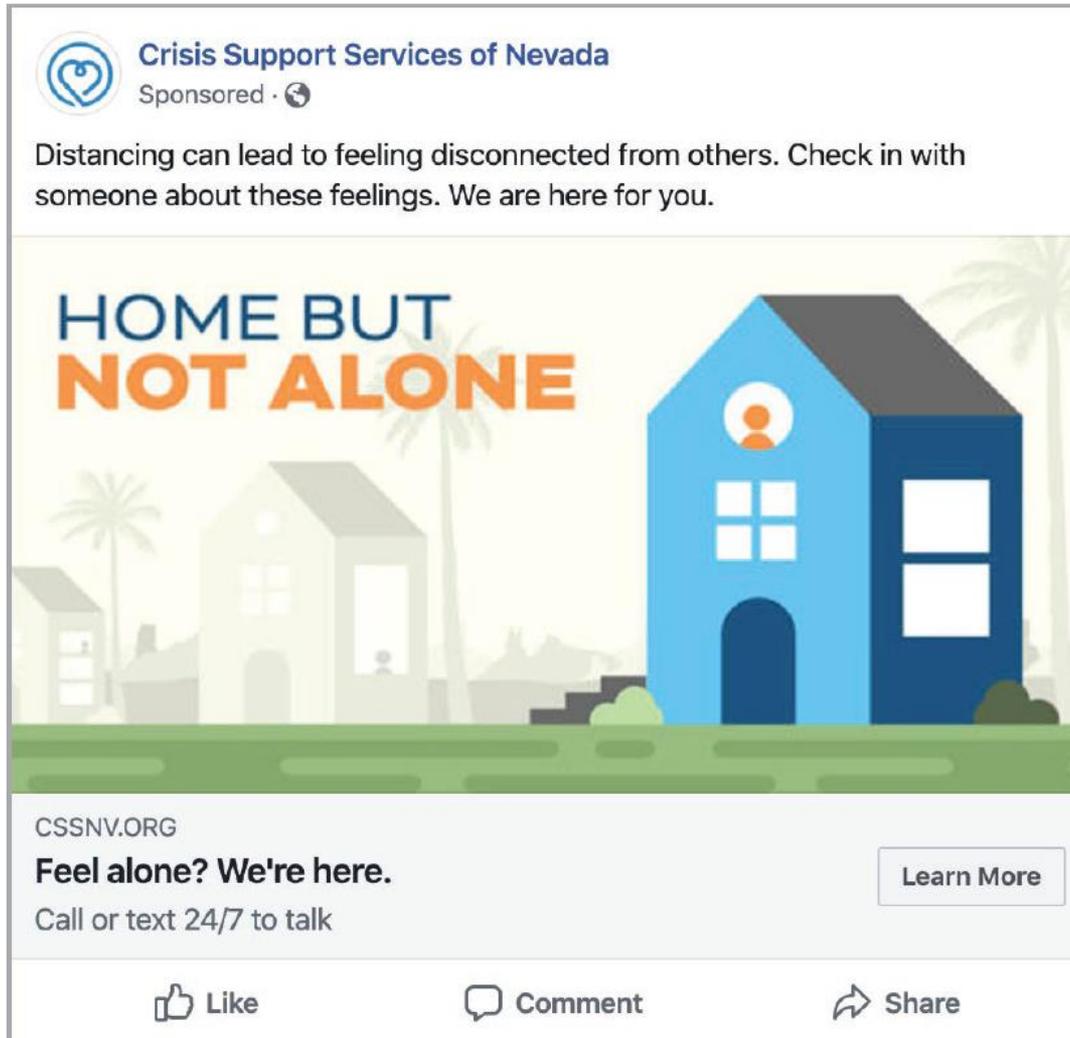
### 1. Primary

- Telephone, virtual, social media outreach
- Establishing or expanding existing helplines
- Establishing generic, branded email address
- Virtual individual support and support groups
- Print and electronic psycho-educational resources and creative ways to distribute

### 2. Secondary

- Establish branded program presence on popular channels: Facebook, Twitter, Instagram
- Webinars or information sessions
- Broadcast information on coping and stress management

# Crisis Support Services of Nevada



The image shows a Facebook post from Crisis Support Services of Nevada. At the top left is the organization's logo, a heart with a location pin, and the text "Crisis Support Services of Nevada" and "Sponsored · 🌐". Below this is the text: "Distancing can lead to feeling disconnected from others. Check in with someone about these feelings. We are here for you." The main visual is a graphic with the text "HOME BUT NOT ALONE" in blue and orange. The graphic depicts a blue house with a person icon in a window, set against a background of palm trees and other houses. At the bottom of the post, it says "CSSNV.ORG", "Feel alone? We're here.", and "Call or text 24/7 to talk". There is a "Learn More" button. The bottom of the post shows "Like", "Comment", and "Share" icons.

 **Crisis Support Services of Nevada**  
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**HOME BUT  
NOT ALONE**

CSSNV.ORG  
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[Learn More](#)

 Like       Comment       Share

Questions?

# Contact Information

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# Acronyms

- CCP – Crisis Counseling Assistance and Training Program
- FEMA – Federal Emergency Management Administration
- ISP - Immediate Services Program
- SAMHSA – Substance Abuse and Mental Health Services Administration